

# The 'light' of your life

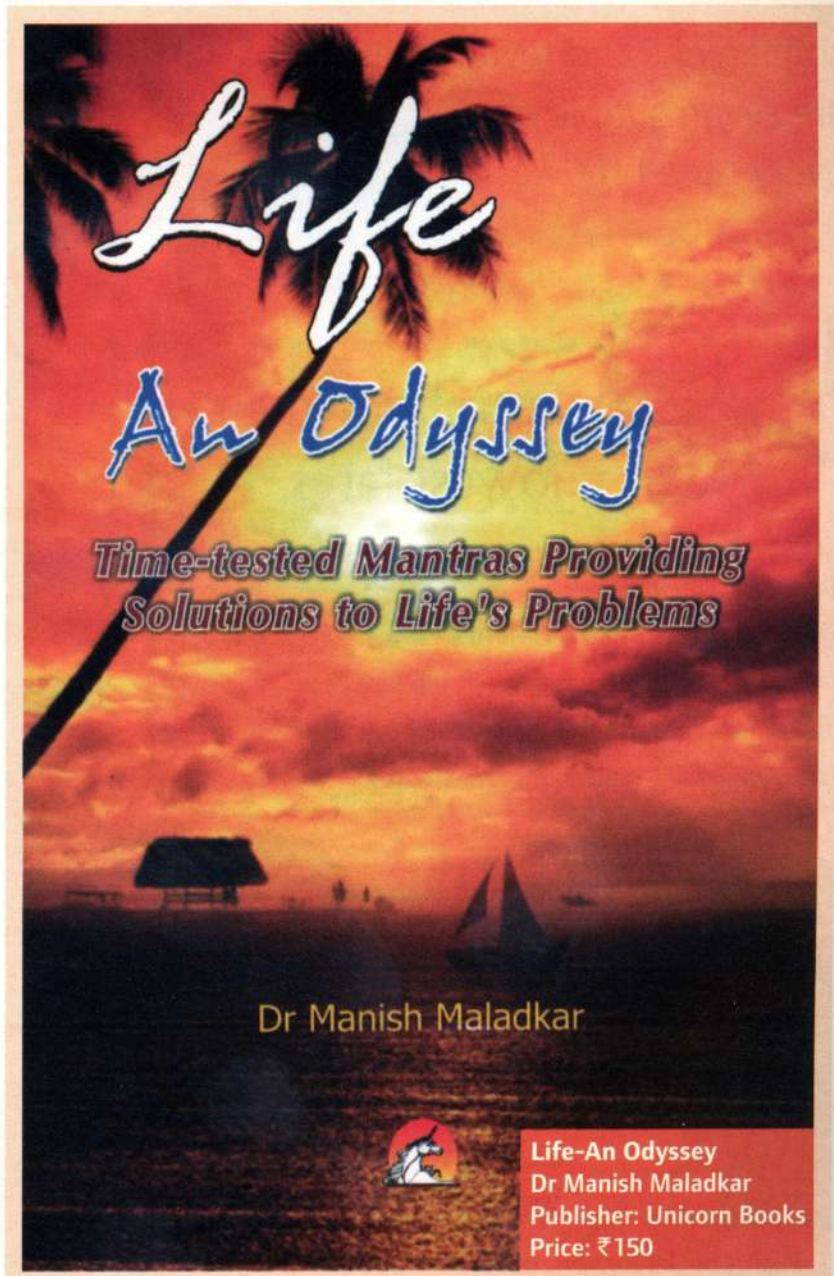
The book promises to provide time-tested solutions to life's problems. Intended for those capable of knowing their own good, *Life-An Odyssey* has several chapters with teachings that go a long way into making your life a fulfilling one.

As the book begins, the author talks about the importance of co-existence. He borrows quotes from some of the greatest thinkers such as Edison, Confucius, John Nash and Socrates. The author introduces us to problem areas of our lives and guides readers to untie the knots to lead a happy life. The pearls of wisdom are meant to enable and lead you to become the illuminated one, by guiding those travelling the dark journey of life with you. The book teaches one that it is alright to have ups and downs in life and that is how we shall reach our final destination.

Forgiveness, generosity, trust, grace, hope, optimism, intuition, happiness, divinity, kindness, love and determination are some of the acts that win you brownie points, says the author. On the other hand, he cautions us to refrain from fear, materialism, selfishness, pessimism and malice.

Light, says the author, is the only true reality and everything else are various forms of the energy. All our festivals, take Diwali for instance, are about bringing light into lives. "Stay wary of things that seduce you easily," the author reproduces Ravana's last lines to Lord Rama.

The book teaches us life's lessons through poems, lines from hymns and sacred texts. Inspiring stories and motivational thoughts are the reasons to revisit the pages of this book time and again. ■



**Life-An Odyssey**  
**Dr Manish Maladkar**  
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