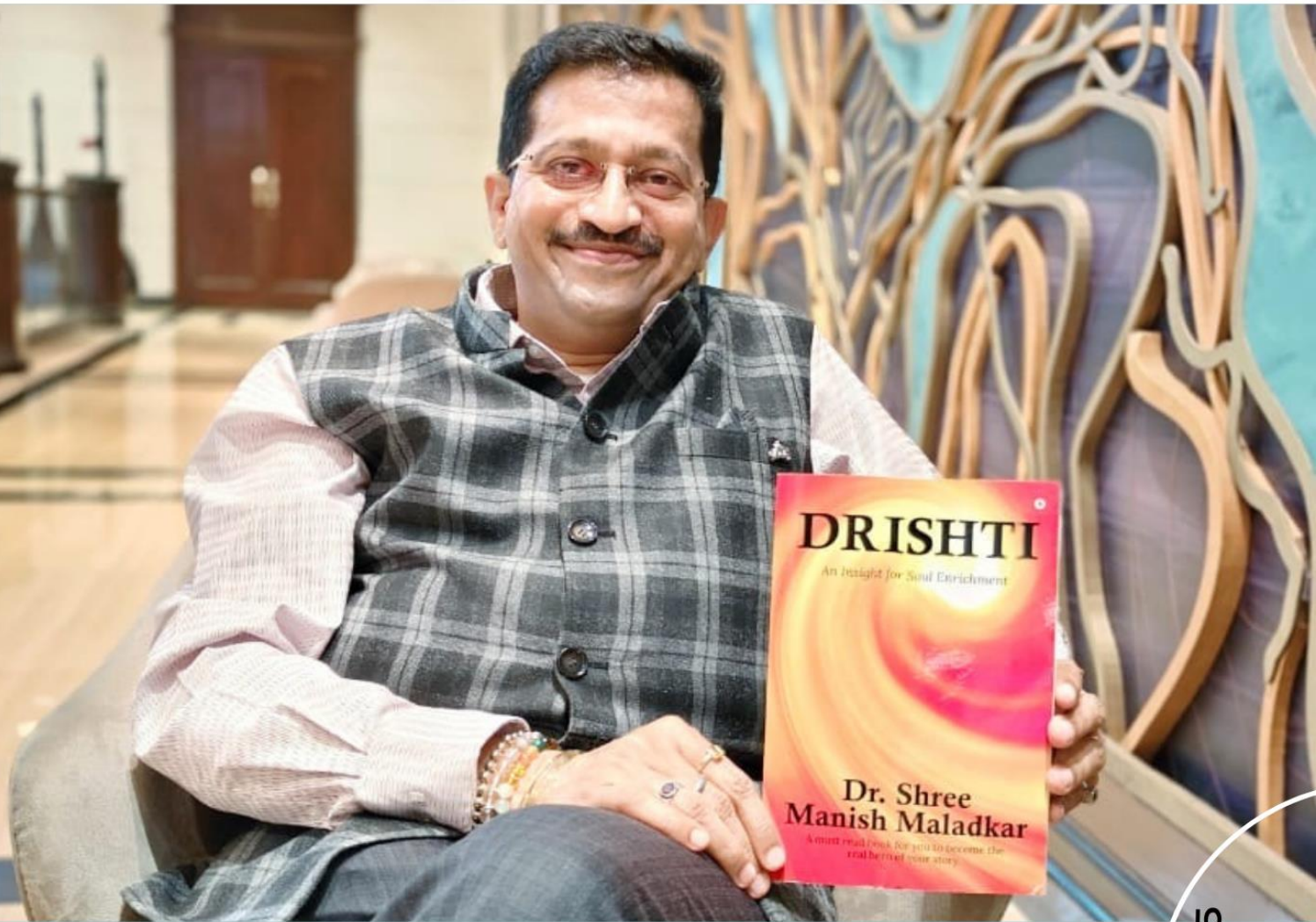


THE LITERATURE TODAY

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Dr. Shree Manish Maladkar

Spiritual Director- Light Messenger of the Divine
Consciousness



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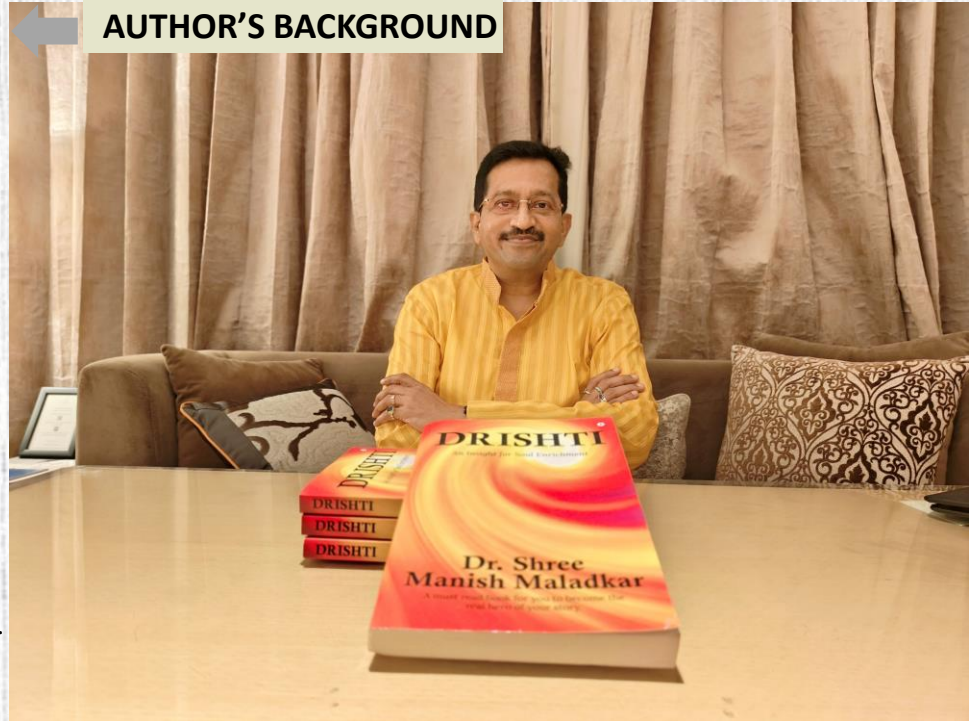
Author Interviews

Exploring Depths of Wisdom: An Exclusive Interview with Dr. Shree Manish Maladkar

Dr. Manish Maladkar, an accomplished post-graduate with an MBBS and MD (BOM) from the renowned Grant Medical College & J. J. Hospital in Mumbai, India, holds the prestigious MCCP(USA) qualification and currently heads the medical department of a leading pharmaceutical company. In the course of his remarkable career spanning over three decades, his ideology and resourcefulness have made valuable contributions not only in the healthcare sector but also inspired and motivated the lives of millions of people. He is an internationally acclaimed writer with two best-sellers to his credit. His books delve into the realms of philosophy, spirituality, self-help, motivation, and interpersonal relationships. His writing style is lucid and conversational, making his work easily relatable to a wide array of readers.

The author is an altruist, pragmatist, and globetrotter who has visited more than 40 countries and is an avid explorer, all of which have influenced his unique perspective and keen observation skills making him a true path guide. His soul-touching books offer seekers a fresh and thought-provoking take on life's most profound questions and provide actionable insights for those seeking personal growth, fulfillment, and meaningful connections with others. An experienced jeweler evaluates every gem with an expert vision to accurately determine its value. Similarly, Dr. Shree Manish Maladkar has the innate ability to go into the depths of any subject and with his penetrating wisdom, unveil the subtle elements that make up Life.

AUTHOR'S BACKGROUND



Through his thoughts on mindfulness, self-realization, and finding purpose in life, his musings have touched the hearts of countless individuals and helped them to live a more contented life with gratitude. No wonder he has gained devoted readers who consider his works to be life-changer.

TLT: Firstly, congratulations on your book, “DRISHTI – An Insight for Soul Enrichment” Well, can you please share your experience about making your work come into the form of book!

Dr. Maladkar : Writing “DRISHTI” was an incredibly rewarding and challenging journey - a path paved with self-reflection, persistence, and a burning desire to empower others. Diving into the realms of self-help, my goal was profound: to offer a guiding light in their journeys.

Inspired by transformative experiences, I penned my thoughts with passion. Crafting “DRISHTI” — **The Divine Vision**—was an immersive process, a decade-long offering, chapters with anecdotes and quotes reflecting the age-old wisdom, a labor of love to enrich lives.

The most rewarding aspect was envisioning its impact on those seeking direction. This motivational odyssey has been an inspiring pilgrimage, nonetheless. I'm immensely grateful for this experience and humbled by the opportunity to give back to the society.

TLT: What inspired you to write this book? What was the impetus behind this work of yours?

Dr. Maladkar: My first book, “Life – An Odyssey, Time-tested Mantras Providing Solutions to Life’s Problems,” which became a best seller a decade ago, motivated me to continue the good work of enriching or touching the lives of people. My inspiration to delve into the arena of self-help and personal development stems from a convergence of life experiences and a fervent desire to assist others on their journey toward fulfillment. Coming from a healthcare background and witnessing others' struggles, I recognized a universal longing for guidance through life's complexities. This fueled my desire to share spiritual insights and perspectives, potentially serving as a beacon of hope and empowerment for those on their quests for healing and personal growth.



TLT: You’ve given a very interesting title to your book, which is very catchy too. So, what made you go for this title for your book?

Dr. Maladkar: The title “**DRISHTI**” – ‘An Insight for Soul Enrichment’—encapsulates the essence of the book, weaving together the themes of perspective, inner vision, and growth. “**DRISHTI**” a Sanskrit term for “vision,” extends beyond physical sight, symbolizing a deeper understanding. It embodies gaining insight—an inner vision transcending the mundane. ‘An Insight for Soul Enrichment’ makes the objective of the book clear: to offer deep understanding and direction for soul-nurturing. “Enrichment” connotes a process of development, satisfaction, and ascent above simple existence. Combining these elements, the title implies that the book serves as a guide to help individuals be a better version of themselves and find their purpose.

TLT: What was your mindset, while working on this book? Is it based on any particular experience of yours?

Dr. Maladkar: Once, a poet was asked what his poem was about. The poet replied that the poem is not about ‘something’ other than itself. Just like a rose is a rose, is a rose, a book is a book, is a book. So ‘in itself’ my book is not about something, but it is an ‘unselfing’ of a person’s ego from the shackles of materialistic longing. “**Live Inside, Stay Outside.**” The book is about rediscovering and renovating yourself to a New You. In crafting this book, my mindset blended passion, purpose, and an unwavering commitment to serving others. Each writing day carried a profound sense of purpose to forge a resource that resonated deeply with readers, sparking inspiration, and fostering transformative change.

TLT: What are some of the learnings that you gained from writing this book of yours?

Dr. Maladkar: “Eyes are useless when the mind is blind for the eye sees only what the mind is prepared to comprehend.”

Composing this book has been a mindful journey of self-awareness with valuable lessons that I present across every turn of the page. Distilling complex thoughts into clear, relatable language is a skill that I believe is crucial not just in writing but in various aspects of life.

Another significant lesson learned was the art of patience and persistence. Moments of writer's block or doubts taught me the importance of perseverance—to keep pushing forward even when the path seems obscured.

It solidified my conviction that the journey toward personal development is not a destination but an ongoing expedition—one that requires continuous learning, openness, and a willingness to evolve. “**So be a writer of your life and be a mind reader. When what you read and what you write are in sync, you will have a bestseller in hand.**”

BRAND CONNECT

TLT: Next, I would want you to tell us about some of those writers, who had inspired you and whom you follow!

Dr. Maladkar: You may get a golden pen in inheritance, but if you don't know what to write then it has no value. Certainly! There are several remarkable writers whose work has left an indelible mark on my journey as both a reader and a writer. Their unique perspectives, captivating storytelling, and profound insights have shaped my own approach to writing and self-development. My literary journey began with Paulo Coelho and Dan Brown, expanding to spiritual genres by Paramahansa Yogananda and Swami Vivekanand. Influenced by awe-inspiring writers like Osho, Ayn Rand, and Robert Svoboda, they've left an everlasting mark on my creative expression.

TLT: Is there any message that you would like to convey to your readers? Or any piece of advice, which you would like to give to the readers out there!

Dr. Maladkar: “Read the book of self to discover hidden treasures within.” A good book does not become your master. It leads you to your own light. If I may ask you, why do you eat mango but not the mango tree leaves? Elementary, because the mango is sweet. As the tree gives its flavor to the mango, the same way my book filters the best of philosophy and gives you the crux. Contemplation after reading my book will reveal the metaphysical truths about the cosmos.

To my readers, my core message is the belief in untapped potential within us all. I hope this book's words drive personal growth, shape your narrative, and transcend limits to embrace authenticity. Accept your path and assets; realizing setbacks spurs growth. Share, connect sincerely, and find solace. Remember, personal growth is about relishing the process—learning, evolving, and embracing the beauty of becoming.

TLT: Are there any other books being worked by you? Please let us know about your future projects.

Dr. Maladkar: I'm currently in the advanced stages of publishing my third book, which focuses on interpersonal relationships. This upcoming body of work delves into guiding individuals out of the darkness towards personal growth, fostering better connections, and aligning thoughts to illuminate the path to a more meaningful life. In fact, I am actively seeking for a good publishing house who understands the essence of the story and its potential impact on readers. I am also considering factors such as the publishers track record, marketing strategies and their dedication throughout the publication process.

TLT: Thank you so much for answering all my questions. All the very best to you for the future and your book “DRISHTI” too!

Dr. Maladkar: Margaret Fuller's timeless wisdom echoes in the adage, “Today a reader, tomorrow a leader.” In fact, if you change the way you look at things, the things you look at change. Reader's interest and support mean a lot to me. Best wishes to you, readers. I hope you enjoy reading “DRISHTI” as much as I enjoyed writing it. “May the Light be with you.”

